



*Want to Receive
OUR NEW DISTRICT 19
NEWSLETTER
via E-Mail???*



Contribute to the newsletter!



Roughly 1-5 paragraphs by the 21st
of the Month for the next issue

Send submissions to _____
afgdistrict19newsletter@gmail.com OR

Mail it to Rose Villalobos at
9511 Whiteheart Dr., Fxbrg, VA 22407
Sharings are welcome on the Step,
Tradition or Concept of the Month or
any other Al-Anon related topic.

Text Your Name, E-Mail Address,
Group Name and Phone Number
to 562-972-5088 or Email:

afgdistrict19newsletter@gmail.com

*Last initial, phone number and
group name are optional.



Please pass around during your meeting or
post in a prominent location.

Announcing the new
monthly newsletter for
Al-Anon District 19!



Announcing the new monthly
newsletter for Al-Anon District 19!

Content will include anniversaries,
announcements, events, service
opportunities, sharing, and more!